



# Deep Roots: A Pilgrimage of Hope for Creation

## EcoSabbath Series Online Contemplative Preparation

Prayer, Conversations, Book Discussion, and more to prepare minds, bodies and spirits for our Pilgrimage of Hope For Creation

**You Must Register [HERE](#) to Receive Zoom Links**

**Sunday, August 31 @ 6-7:30pm**

**Reconnecting to God, Creation and Each Other**

**Sunday, September 7 @ 6-7:30pm**

**Jesus: A Pilgrimage (Chp 1-10)**

**Sunday, September 14 @ 6-7:30pm**

**Deep Roots Reflections: Food, Farming and Faith**

**Sunday, September 21 @ 6-7:30pm**

**Jesus: A Pilgrimage (Chp 11-25)**

**Sunday, September 28 @ 6-7:30pm**

**Jesus: A Pilgrimage (Chp 25-30)**

**Integral Ecology as Regenerative Farming**

In Person Pilgrimage October 4<sup>th</sup> 2-4pm at Deep Roots CPS Farm



# EcoSabbath Series

## Online Contemplative Preparation

### **Sunday, August 31 @ 6-7:30pm**

- **An Introduction to Our EcoSabbath Series**

Be sure to acquire (libraries also have this book) the text: **Jesus: A Pilgrimage** by Fr. James Martin, SJ. and all other **reflection materials** will be emailed upon registration. Feel free to join as many of these sessions as you wish.

### **Sunday, September 7 @ 6-7:30pm**

- **Jesus: A Pilgrimage (Chp 1-10)**

How does seeing Jesus fully immersed in the physical world reshape your view of faith, food, and creation today?

### **Sunday, September 14 @ 6-7:30pm**

- **Deep Roots Reflections: Food, Farming and Faith**

How might seeing eating as a communal and God-centered act (akin to Eucharist) reshape your table and conversations?

### **Sunday, September 21 @ 6-7:30pm**

- **Jesus: A Pilgrimage (Chp 11-25)**

How do Jesus' parables and miracles reveal God's nearness in everyday things—soil, bread, water, storms, family, forgiveness? What practices help you live more attentively to God's presence in creation and your responsibility to care for it?

### **Sunday, September 28 @ 6-7:30pm**

- **Jesus: A Pilgrimage (Chp 25-30) & Integral Ecology as Regenerative Farming**

How have you been shaped physically, socially and spiritually by your food? How can changing your tastebuds be a form of ecological conversion called for by Laudato Si'?

Reminder: Our In Person Pilgrimage is October 4<sup>th</sup> 2-4pm  
at Deep Roots CPS Farm  
2401 Primm Road, Charlotte NC